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| Name: MS.PRAGNYA | Reg No: 8-6SMMHC18 |
| Age / Sex:24/F | Contact No:7033689660 |
| Marital Status:SINGLE | Date:19/6/18 |
| Occupation:ASST.MANAGER.  QUAL: BA ECONOMICS | Dr. PJFP |
| Address:  NATIVE OF BIHAR  IN BLORE SINCE 2017 | DIAGNOSIS- |

1. LMP: 18.05.18. IRREGULAR PERIODS FROM 3-4 YEARS. BY 1-2 WEEKS.

HAD MIGRAINE FROM 4-5 YEARS. TOOK ALLOPATHIC MED

1. LOWER ABD PAIN FEELS SWELLING. CRAMPING TYPE BT NO BLEEDING IS HAPPENING. NOW FEELS LIKE GETTING PERIODS BUT THAT IS WHITE FLUID.

DIET IS NOT SO GOOD HERE. LIKES RICE MOSTLY. SPICY FOOD PREFERS. MY OBS: SWEAT SMELLING.

NOT LIKING THE FRESH VEGETABLES N FRUITS BT HERE UNABLE TO GET IT SO FEELS LIKE HER APP IS NOT GOOD.

* FEELS GASTRIC – SOUR ERUCTATIONS, FEELS NAUSEATED ON EMPTY STOMACH.

DISLIKES HOT WEATHER. LIKES COLD. LIKES COLD DRINKS TOO.

1. HAIRFALLING

RX:

1. LACH 30 – 7 DOSES – 1 DOSE ALT. DAYS. B/FOOD.
2. APIS 30 – PILLS 1 DRAM 4-4-4-4.
3. NAT PHOS 6X 4-0-4.

28/6/18: pain in breasts but no periods still.

Rx:

1. Rhus tox 200- 4-4-4-4.
2. Lachesis 200 – 1 dram pills – 4 pills 3 hourly with water

30/6/18: periods din come.

Rx:

1. Puls1m – 4-4-4-4
2. Graph 30 – 4-4-4-4.